

Photography guidance for patients

Exposure

Indoor: fluorescent day-light or full spectrum bulbs

Outdoor: well-lit natural lighting

Avoid shadows in photos

Focus

Use “macro” mode for close ups of single lesion

Take photos directly perpendicular to the lesions or rashes being evaluated

Make sure photos are not blurry.

Background

Minimize background

Use a solid, neutral color

Avoid distractors

Cropping

Several views are best

Zoom in to show details

Zoom out to clarify location